

DERBY GP SPECIALTY TRAINING PROGRAMME

OUT OF HOURS INFORMATION FOR GPSTRs

During **ALL** of your GP posts you will need to do Out of Hours work.

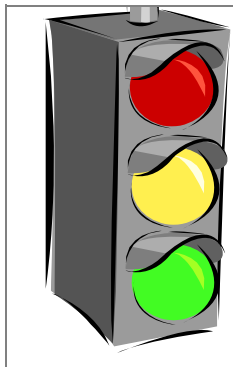
In your **1st Year** you will need to attend theoretical sessions with the rest of your GP group at DHU. These sessions will be out of your normal surgery times. The GP Training Office will inform you of the dates when they have been arranged.

You will then need to book normal OOH sessions with DHU based on your GP Trainer's advice and the "traffic light" system below.

In your **2nd & 3rd Years** you will need to book normal OOH sessions with DHU based on your GP Trainer's advice and the following "traffic light" system.

For **ALL** sessions please take an **Record of Out of Hours Session Form** to be completed after the session and shown to your GP Trainer for debrief the next day.

The GP Training Office will ask you to complete an OOH monitoring / log sheet at the end of each 4 month post.



Direct Supervision:

The GPSTR is supervised directly by the clinical supervisor and takes no clinical responsibility

Close Supervision:

The GPSTR consults independently but with the Clinical Supervisor close at hand (i.e. in the same building)

Remote Supervision:

The GPSTR consults independently and remotely from the Clinical Supervisor who is available by telephone. An example would be a session "in the car" supervised by another GP "at base".

Out of Hours Provider: Derbyshire Health United Limited (DHU)
Mallard House, Stanier Way
Wyvern Business Park
Chaddesden, Derby DE21 6BF
Tel: 0300 1000 404

Contacts: Sue Kah, Rota Manager, 0300 1000 413
Email: Susan.Kah@derbyshirehealthunited.nhs.uk
Lesley Harris, (for theoretical sessions), 0300 100 404
Email: Lesley.Harris@derbyshirehealthunited.nhs.uk

(Also have offices in Chesterfield where sessions may be booked)

Minimum Requirements: 24 hours of OOH sessions per 4 month GP training post.
(eg. 4 sessions of 6 hours or 6 sessions of 4 hours, etc)
72 hours of OOH sessions per 12 month GP training post.
(eg. 12 sessions of 6 hours or 18 sessions of 4 hours, etc)

IMPORTANT: All OOH must be completed at least two months before final completion of your GP training.

Please ensure that you read the following documents which can be found through the link to the LETB website and in the Out of Hours section of the Derby GP Training Website. LETB General Practice Out of Hours Training for GP Specialty Registrars.